



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Fritschler, Heiko

Club: Eigenrode

Number: 1054

Course: 16.20 km

Langdistanz

Category:

Männer M40

Total time: 1:21:55

Speed: 11.72 km/h

Running performance: 5:04 min/km

Rank in course/Total: 95 (of 263)

Rank in course/Men: 92 (of 231)

Best time in course: 59:27

Rank in category: 23(of 48)

Best time in the category: 1:05:29