



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Bier, Volker

Club: fit&run Weimar
Number: 1481

Course: 16.20 km
Langdistanz

Category:
Männer M55

Total time: 1:21:59

Speed: 11.86 km/h
Running performance: 5:04 min/km

Rank in course/Total: 96 (of 263)

Rank in course/Men: 93 (of 231)

Best time in course: 59:27

Rank in category: 5(of 16)

Best time in the category: 1:11:08