



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Rommel, Knut**

Club: Bad Liebenstein  
Number: 289

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M45

Total time: 52:12

Speed: 11.49 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 66 (of 207)

Rank in course/Men: 58 (of 144)

Best time in course: 35:53

Rank in category: 14(of 25)

Best time in the category: 41:11