



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Apelt, Steffen

Club: TSG Wandern u.Bergsteigen
Number: 106

Course: 10.00 km
Kurzdistanz

Category:
Männer M40

Total time: 52:39

Speed: 11.40 km/h
Running performance: 5:16 min/km

Rank in course/Total: 70 (of 207)

Rank in course/Men: 62 (of 144)

Best time in course: 35:53

Rank in category: 9(of 21)

Best time in the category: 41:02