



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Arnhold, Erhard

Club: fit&run Weimar
Number: 1480

Course: 16.20 km
Langdistanz

Category:
Männer M55

Total time: 1:11:08

Speed: 13.66 km/h
Running performance: 4:23 min/km

Rank in course/Total: 13 (of 263)

Rank in course/Men: 12 (of 231)

Best time in course: 59:27

Rank in category: 1(of 16)

Best time in the category: 1:11:08