



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Volkenandt, Matthias**

Club: SV Einheit Eisenach/LG Ohra Hörsel  
Number: 255

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M40

Total time: 52:52

Speed: 11.35 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 75 (of 207)

Rank in course/Men: 65 (of 144)

Best time in course: 35:53

Rank in category: 10(of 21)

Best time in the category: 41:02