



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Krüger, Lothar

Club: Bad Berka,OT Gutendorf
Number: 1311

Course: 16.20 km
Langdistanz

Category:
Männer M45

Total time: 1:22:54

Speed: 11.58 km/h
Running performance: 5:07 min/km

Rank in course/Total: 107 (of 263)

Rank in course/Men: 104 (of 231)

Best time in course: 59:27

Rank in category: 22(of 59)

Best time in the category: 1:06:45