



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Sieber, René

Club: fit & run
Number: 3

Course: 10.00 km
Kurzdistanz

Category:
Männer M45

Total time: 53:07

Speed: 11.30 km/h
Running performance: 5:19 min/km

Rank in course/Total: 78 (of 207)

Rank in course/Men: 68 (of 144)

Best time in course: 35:53

Rank in category: 15(of 25)

Best time in the category: 41:11