



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

archut, frank

Club: Ruhla OT Thal
Number: 225

Course: 10.00 km
Kurzdistanz

Category:
Männer M40

Total time: 53:28

Speed: 11.22 km/h
Running performance: 5:21 min/km

Rank in course/Total: 82 (of 207)

Rank in course/Men: 71 (of 144)

Best time in course: 35:53

Rank in category: 11(of 21)

Best time in the category: 41:02