



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Poppitz, Christian**

Club: SV 1975 Zeulenroda  
Number: 666

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M45

Total time: 53:34

Speed: 11.20 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 83 (of 207)

Rank in course/Men: 72 (of 144)

Best time in course: 35:53

Rank in category: 16(of 25)

Best time in the category: 41:11