



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Lorenz, Christian

Club: ARCADIS

Number: 181

Course: 10.00 km

Kurzdistanz

Category:

Männer M30

Total time: 53:54

Speed: 11.13 km/h

Running performance: 5:23 min/km

Rank in course/Total: 85 (of 207)

Rank in course/Men: 73 (of 144)

Best time in course: 35:53

Rank in category: 9(of 11)

Best time in the category: 44:43