



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Plewka, Richard

Club: Eisenach
Number: 668

Course: 10.00 km
Kurzdistanz

Category:
Männer M55

Total time: 53:58

Speed: 11.12 km/h
Running performance: 5:24 min/km

Rank in course/Total: 86 (of 207)

Rank in course/Men: 74 (of 144)

Best time in course: 35:53

Rank in category: 6(of 10)

Best time in the category: 43:11