



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Schniegler, Ilona**

Club: Erfurt  
Number: 42

Course: 10.00 km  
Kurzdistanz

Category:  
Frauen W45

Total time: 54:28

Speed: 11.02 km/h  
Running performance: 5:27 min/km

Rank in course/Total: 91 (of 207)

Rank in course/Women: 15 (of 63)

Best time in course: 45:22

Rank in category: 5(of 18)

Best time in the category: 50:26