



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Chlaß, Steffen**

Club: Ort: Wildeck/Obersuhl  
Number: 1242

Course: 16.20 km  
Langdistanz

Category:  
Männer M40

Total time: 1:24:46

Speed: 11.33 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 126 (of 263)

Rank in course/Men: 122 (of 231)

Best time in course: 59:27

Rank in category: 33(of 48)

Best time in the category: 1:05:29