



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Rikirsch, Roland

Club: Creuzburg
Number: 622

Course: 10.00 km
Kurzdistanz

Category:
Männer M65

Total time: 54:50

Speed: 10.94 km/h
Running performance: 5:29 min/km

Rank in course/Total: 93 (of 207)

Rank in course/Men: 78 (of 144)

Best time in course: 35:53

Rank in category: 2(of 4)

Best time in the category: 47:36