



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Jacob, Jens Oliver

Club: Oskars Läufer Gebesee
Number: 1224

Course: 16.20 km
Langdistanz

Category:
Männer M35

Total time: 1:11:40

Speed: 13.56 km/h
Running performance: 4:25 min/km

Rank in course/Total: 16 (of 263)

Rank in course/Men: 15 (of 231)

Best time in course: 59:27

Rank in category: 4(of 31)

Best time in the category: 1:07:07