



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Markau, Frank

Club: EON Thüringer Energie
Number: 310

Course: 10.00 km
Kurzdistanz

Category:
Männer M50

Total time: 55:16

Speed: 10.86 km/h
Running performance: 5:32 min/km

Rank in course/Total: 98 (of 207)

Rank in course/Men: 82 (of 144)

Best time in course: 35:53

Rank in category: 10(of 22)

Best time in the category: 48:10