



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Dunkel, Frank

Club: Großurschla
Number: 1437

Course: 16.20 km
Langdistanz

Category:
Männer M45

Total time: 1:25:17

Speed: 11.26 km/h
Running performance: 5:16 min/km

Rank in course/Total: 129 (of 263)

Rank in course/Men: 124 (of 231)

Best time in course: 59:27

Rank in category: 28(of 59)

Best time in the category: 1:06:45