



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Matthes, Jan**

Club: Lauftreff Breitungen  
Number: 1129

Course: 16.20 km  
Langdistanz

Category:  
Männer M45

Total time: 1:25:29

Speed: 11.37 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 132 (of 263)

Rank in course/Men: 127 (of 231)

Best time in course: 59:27

Rank in category: 31(of 59)

Best time in the category: 1:06:45