



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Bechstein, Michael**

Club: TABBS Vital  
Number: 65

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M45

Total time: 55:31

Speed: 10.81 km/h  
Running performance: 5:33 min/km

Rank in course/Total: 101 (of 207)

Rank in course/Men: 85 (of 144)

Best time in course: 35:53

Rank in category: 17(of 25)

Best time in the category: 41:11