



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Künstler, Nico**

Club: Lauffreunde Barchfeld / Werra  
Number: 1202

Course: 16.20 km  
Langdistanz

Category:  
Männer M30

Total time: 1:25:34

Speed: 11.22 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 133 (of 263)

Rank in course/Men: 128 (of 231)

Best time in course: 59:27

Rank in category: 13(of 23)

Best time in the category: 1:01:11