



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Pohl, Wolfgang

Club: Mühlhausen
Number: 1364

Course: 16.20 km
Langdistanz

Category:
Männer M55

Total time: 1:25:51

Speed: 11.32 km/h
Running performance: 5:18 min/km

Rank in course/Total: 140 (of 263)

Rank in course/Men: 135 (of 231)

Best time in course: 59:27

Rank in category: 8(of 16)

Best time in the category: 1:11:08