



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Henning, Jürgen**

Club: SV Normania Treffurt  
Number: 1124

Course: 16.20 km  
Langdistanz

Category:  
Männer M45

Total time: 1:27:02

Speed: 11.03 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 148 (of 263)

Rank in course/Men: 142 (of 231)

Best time in course: 59:27

Rank in category: 34(of 59)

Best time in the category: 1:06:45