



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Heilwagen, Dieter

Club: Wutha-Farnroda
Number: 98

Course: 10.00 km
Kurzdistanz

Category:
Männer M45

Total time: 57:25

Speed: 10.45 km/h
Running performance: 5:44 min/km

Rank in course/Total: 123 (of 207)

Rank in course/Men: 98 (of 144)

Best time in course: 35:53

Rank in category: 19(of 25)

Best time in the category: 41:11