



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Knoll, Michael

Club: LG Bad Frankenhausen / Göllingen
Number: 61

Course: 10.00 km
Kurzdistanz

Category:
Männer M45

Total time: 57:41

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 127 (of 207)

Rank in course/Men: 100 (of 144)

Best time in course: 35:53

Rank in category: 20(of 25)

Best time in the category: 41:11