



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Krämer, Roland

Club: Preh Bad Neustadt
Number: 339

Course: 10.00 km
Kurzdistanz

Category:
Männer M55

Total time: 43:11

Speed: 13.89 km/h
Running performance: 4:19 min/km

Rank in course/Total: 8 (of 207)

Rank in course/Men: 8 (of 144)

Best time in course: 35:53

Rank in category: 1(of 10)

Best time in the category: 43:11