



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Rößler, Benjamin**

Club: 1. TSV 1990 Bad Salzungen  
Number: 1149

Course: 16.20 km  
Langdistanz

Category:  
Männer M20

Total time: 1:28:26

Speed: 10.86 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 158 (of 263)

Rank in course/Men: 150 (of 231)

Best time in course: 59:27

Rank in category: 15(of 23)

Best time in the category: 59:27