



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

Hollander, Sven

Club: ZSG Waltershausen  
Number: 1253

Course: 16.20 km  
Langdistanz

Category:  
Männer M40

Total time: 1:05:29

Speed: 14.84 km/h  
Running performance: 4:02 min/km

Rank in course/Total: 3 (of 263)

Rank in course/Men: 3 (of 231)

Best time in course: 59:27

Rank in category: 1(of 48)

Best time in the category: 1:05:29