



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Frank, Alexander

Club: Stedtfelder Rennsteigfreunde
Number: 203

Course: 10.00 km
Kurzdistanz

Category:
Männer M35

Total time: 58:56

Speed: 10.18 km/h
Running performance: 5:53 min/km

Rank in course/Total: 144 (of 207)

Rank in course/Men: 115 (of 144)

Best time in course: 35:53

Rank in category: 11(of 14)

Best time in the category: 40:58