



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Kißling, Stefan

Club: Schnepfenthal
Number: 1200

Course: 16.20 km
Langdistanz

Category:
Männer M30

Total time: 1:28:58

Speed: 10.79 km/h
Running performance: 5:29 min/km

Rank in course/Total: 167 (of 263)

Rank in course/Men: 157 (of 231)

Best time in course: 59:27

Rank in category: 16(of 23)

Best time in the category: 1:01:11