



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Stiftel, Jens

Club: Eisenach
Number: 1212

Course: 16.20 km
Langdistanz

Category:
Männer M30

Total time: 1:29:52

Speed: 10.68 km/h
Running performance: 5:33 min/km

Rank in course/Total: 181 (of 263)

Rank in course/Men: 170 (of 231)

Best time in course: 59:27

Rank in category: 18(of 23)

Best time in the category: 1:01:11