



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Nauber, Thomas

Club: SpVgg Kranichfeld
Number: 1462

Course: 16.20 km
Langdistanz

Category:
Männer M45

Total time: 1:29:53

Speed: 10.68 km/h
Running performance: 5:33 min/km

Rank in course/Total: 182 (of 263)

Rank in course/Men: 171 (of 231)

Best time in course: 59:27

Rank in category: 42(of 59)

Best time in the category: 1:06:45