



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

Ludwig, Juliane

Club: LG Holzthaleben  
Number: 1383

Course: 16.20 km  
Langdistanz

Category:  
Frauen W20

Total time: 1:30:04

Speed: 10.79 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 184 (of 263)

Rank in course/Women: 12 (of 32)

Best time in course: 1:07:56

Rank in category: 1(of 2)

Best time in the category: 1:30:04