



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Poppner, Kathrin**

Club: Ilmenau  
Number: 426

Course: 10.00 km  
Kurzdistanz

Category:  
Frauen W40

Total time: 1:00:22

Speed: 9.94 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 152 (of 207)

Rank in course/Women: 34 (of 63)

Best time in course: 45:22

Rank in category: 6(of 14)

Best time in the category: 48:59