



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Heide, Peter

Club: Schmalkalder LV
Number: 1478

Course: 16.20 km
Langdistanz

Category:
Männer M45

Total time: 1:30:36

Speed: 10.60 km/h
Running performance: 5:35 min/km

Rank in course/Total: 186 (of 263)

Rank in course/Men: 173 (of 231)

Best time in course: 59:27

Rank in category: 43(of 59)

Best time in the category: 1:06:45