



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Eggers, Heike**

Club: Eisenach  
Number: 443

Course: 10.00 km  
Kurzdistanz

Category:  
Frauen W45

Total time: 1:01:03

Speed: 9.83 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 154 (of 207)

Rank in course/Women: 35 (of 63)

Best time in course: 45:22

Rank in category: 10(of 18)

Best time in the category: 50:26