



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Mark, Nadine**

Club: Gotha  
Number: 396

Course: 10.00 km  
Kurzdistanz

Category:  
Frauen W30

Total time: 1:02:05

Speed: 9.66 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 158 (of 207)

Rank in course/Women: 36 (of 63)

Best time in course: 45:22

Rank in category: 7(of 9)

Best time in the category: 47:03