



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Malsch, Beate**

Club: 1. Karateverein Schmalkalden  
Number: 423

Course: 10.00 km  
Kurzdistanz

Category:  
Frauen W40

Total time: 1:02:19

Speed: 9.63 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 162 (of 207)

Rank in course/Women: 37 (of 63)

Best time in course: 45:22

Rank in category: 7(of 14)

Best time in the category: 48:59