



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Ackermann, Jens

Club: Laufgruppe Wasungen

Number: 113

Course: 10.00 km

Kurzdistanz

Category:

Männer M45

Total time: 1:02:43

Speed: 9.57 km/h

Running performance: 6:16 min/km

Rank in course/Total: 166 (of 207)

Rank in course/Men: 126 (of 144)

Best time in course: 35:53

Rank in category: 23(of 25)

Best time in the category: 41:11