



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

Hahn, René

Club: Lengenfeld unterm Stein  
Number: 1033

Course: 16.20 km  
Langdistanz

Category:  
Männer M30

Total time: 1:32:47

Speed: 10.35 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 196 (of 263)

Rank in course/Men: 182 (of 231)

Best time in course: 59:27

Rank in category: 19(of 23)

Best time in the category: 1:01:11