



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Stange, Mario**

Club: Rennsteiglaufverein  
Number: 1273

Course: 16.20 km  
Langdistanz

Category:  
Männer M40

Total time: 1:33:11

Speed: 10.30 km/h  
Running performance: 5:45 min/km

Rank in course/Total: 199 (of 263)

Rank in course/Men: 184 (of 231)

Best time in course: 59:27

Rank in category: 41(of 48)

Best time in the category: 1:05:29