



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Nitschke, Helmut

Club: Kanu Altenburg
Number: 1466

Course: 16.20 km
Langdistanz

Category:
Männer M55

Total time: 1:33:43

Speed: 10.24 km/h
Running performance: 5:47 min/km

Rank in course/Total: 202 (of 263)

Rank in course/Men: 186 (of 231)

Best time in course: 59:27

Rank in category: 11(of 16)

Best time in the category: 1:11:08