



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Heilwagen, Heike

Club: Wutha-Farnroda
Number: 120

Course: 10.00 km
Kurzdistanz

Category:
Frauen W45

Total time: 1:03:48

Speed: 9.40 km/h
Running performance: 6:23 min/km

Rank in course/Total: 172 (of 207)

Rank in course/Women: 44 (of 63)

Best time in course: 45:22

Rank in category: 12(of 18)

Best time in the category: 50:26