



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Lang, Elvira

Club: Heringen
Number: 454

Course: 10.00 km
Kurzdistanz

Category:
Frauen W45

Total time: 1:04:32

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 178 (of 207)

Rank in course/Women: 48 (of 63)

Best time in course: 45:22

Rank in category: 13(of 18)

Best time in the category: 50:26