



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Kiefer, Heike**

Club: FSV 1950 Gotha  
Number: 640

Course: 10.00 km  
Kurzdistanz

Category:  
Frauen W50

Total time: 1:04:38

Speed: 9.28 km/h  
Running performance: 6:28 min/km

Rank in course/Total: 181 (of 207)

Rank in course/Women: 49 (of 63)

Best time in course: 45:22

Rank in category: 6(of 8)

Best time in the category: 45:22