



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Kiefer, Joachim

Club: Aspach
Number: 1362

Course: 16.20 km
Langdistanz

Category:
Männer M55

Total time: 1:34:40

Speed: 10.14 km/h
Running performance: 5:50 min/km

Rank in course/Total: 210 (of 263)

Rank in course/Men: 192 (of 231)

Best time in course: 59:27

Rank in category: 12(of 16)

Best time in the category: 1:11:08