



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Herzer, Heiko

Club: Arnstadt
Number: 1098

Course: 16.20 km
Langdistanz

Category:
Männer M35

Total time: 1:34:59

Speed: 10.11 km/h
Running performance: 5:52 min/km

Rank in course/Total: 212 (of 263)

Rank in course/Men: 193 (of 231)

Best time in course: 59:27

Rank in category: 25(of 31)

Best time in the category: 1:07:07