



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Beck, Ronald

Club: Naturfreunde Gotha e.V.
Number: 1435

Course: 16.20 km
Langdistanz

Category:
Männer M45

Total time: 1:14:50

Speed: 12.83 km/h
Running performance: 4:37 min/km

Rank in course/Total: 30 (of 263)

Rank in course/Men: 29 (of 231)

Best time in course: 59:27

Rank in category: 3(of 59)

Best time in the category: 1:06:45