



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Helbig, Hans-Peter**

Club: Stedtfelder Rennsteigfreunde  
Number: 38

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M65

Total time: 1:06:12

Speed: 9.06 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 191 (of 207)

Rank in course/Men: 139 (of 144)

Best time in course: 35:53

Rank in category: 3(of 4)

Best time in the category: 47:36