



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Pohling, Ulf

Club: Kanu Altenburg
Number: 1464

Course: 16.20 km
Langdistanz

Category:
Männer M55

Total time: 1:36:12

Speed: 9.98 km/h
Running performance: 5:56 min/km

Rank in course/Total: 220 (of 263)

Rank in course/Men: 201 (of 231)

Best time in course: 59:27

Rank in category: 13(of 16)

Best time in the category: 1:11:08